

Permaculture Cairns Inc. Established July, 2007

Web site: www.permaculturecairns.org.au



Care of the Earth, Care of

People. Share the excess

Permaculture Cairns News

EMPOWERING COMMUNITIES WITH SUSTAINABLE SOLUTIONS

Care for the Earth, Care for people, Share the excess

PLEASE NOTE: EARLIER START TIME – 6PM FOR A 6.30PM START !!!!!!!!!!!!!!!!

Annual General Meeting & Public Info Meeting

Tuesday 9th 6pm for 6.30pm start

Flexible Learning Centre, 90 Clarke Street, Manunda

Clarke Street comes off Hoare on the Salvos Corner.

After the meeting there will be Pizza supplied by Permaculture Cairns

AGENDA

Welcome

Annual General Meeting

General Meeting

Notices of Events

Permaculture Principle Number 12 a practical explanation

Introducing the very first books in our Members Borrowing Library

A short movie - "The amazing fish ponds of Molokai" that explains how a very old Native Hawaiian Sustainable Fishing System has been brought back to life.

Pizza, nibbles, a cuppa and time for some networking

Annual General Meeting

Nominations have been received from the following people for the positions of President – Carol Laing, Vice President – Bruce Zell, Treasurer – Jenny Mc Grath, Audio Visual Manager – Peter Spooner.

Nominations will be received from the floor for the Position of Secretary.

Remember to be able to vote or to nominate you must be a Financial Member of Permaculture Cairns Inc.

Please check if you are a paid up member for 2014 or 2015 -

Steve Bailey, Sue Barclay, Niki Biro, Cate & Damon Blanchard. Peter Brown, Wim De Jong, Margaret Edwards, Lisa Edwards. Barbara Ford, Joanne Gunzberg, Lois Hays, Geoff & Riah Holland, Michael Hyde, Lea & Cameron Kettle, Samantha Kidston, Carol Laing 2015, Emma Lodge, Tegan McBride, Jenny McGrath, Ulla Melchiorson, Belinda Moore, Jennette Wehrle 2015, Judy Noller, Michael Oster, Deborah Pergolotti, Craig & Bernadette Phillipson, Clare Richards, Paul Robins, Karen Schmidt, Peter Spooner, Ray Tan, Zane Wells, Bruce Zell 2015, John Adams, Bernard Holden, Matthew Hughes & Charlene Phillips, Lars Schneider, Terina Sylvester, Mark Aitken & Jacinda Rose, Geraldine Bray and family, Mary Ettling 2015, Christine McIntosh, Marie & David Bray 2015.

Membership form at end of this notice and you can pay online.

Our next Meeting will be on Tuesday 17th February 2015

Seasons Greeting to all from the Management Committee and Volunteers.
We wish you a Merry Christmas and a Happy New Year.
And may all your New Year Resolutions come to fruition.
See you in February if you can't make the meeting.

PERMACULTURE PRINCIPLE NO. 12

Creatively use and respond to change

“Vision is not seeing things as they are but as they will be”

We can have a positive impact on inevitable change by carefully observing, and then intervening at the right time.

The butterfly is a positive symbol of Transformative change in nature, from its previous life as a caterpillar. The proverb “vision is not seeing things as they are but as they will be” reminds us that understanding change is much more than a linear projection.



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DATE CLAIMERS for 2015 !!!!!!!

PERMACULTURE CAIRNS

EXPRESSIONS OF INTEREST SORT
for people interested in presenting or attending

Introduction To Permaculture a Two Day Intensive Workshop
Saturday 14th & Sunday 15th MARCH 2015

If sufficient interest is shown this workshop will be conducted by Permaculture Cairns with financial help from the Cairns Regional Council Sustainable Grant program.
The workshops will be held at The Flexible Learning Centre, Cairns
Please email your interest to - workshops@permaculturecairns.org.au

PERMACULTURE CAIRNS

RESILIENT COMMUNITIES WORKSHOP 2015

PLANT PROPAGATION WITH LOIS HAYES

Saturday 21st MARCH 2015 9am for a 9.30 start to 12.30pm

Learn how to save money by takings cuttings and propagating new plants,
separate clumps of blubs and tubers and make a seed raising mix.
Learn what seeds to plant, raise seedlings, and maintain them to plant out.

Registration is essential. To register email workshops@permaculturecairns.org.au

There is a \$20 fee for this workshop and payment can be paid online: -

Permaculture Cairns Bank details : BSB 704-966 Account: 100009440 please include your Surname as Reference,

This workshop will be held at Flexible Learning Centre, 92 Clarke Street, Manunda

Website: permaculturecairns.org.au

We thank the Cairns Regional Council and the Flexible Learning Centre for making this workshop possible



12th Australasian Permaculture Convergence (March 2015, Tasmania, Australia)

What: 12th Australasian Permaculture Convergence

Where: Northwest Environment Centre, Penguin, Tasmania, Australia

When: Monday, 9 March 2015 at 6:00pm — Thursday, 12 March 2015 at 10:00pm (AEDT)

Have questions about 12th Australasian Permaculture Convergence? [Contact Northwest Environment Centre](#)

HILL TOP FARM WORKSHOPS - COOKTOWN

GETTING TO THE HEART OF PERMACULTURE DESIGN

20 – 24 MARCH 2015

For more info check out the web site: <http://hilltopfarm.wix.com>

News Items

No Crow Rooster Collars

They are finally here in Australia!

Stop your rooster crowing safely and humanely! City Chicks is the Australian distributors for these collars.

The No Crow Collar is a flexible nylon velcro strap that is fitted firmly around the neck of the rooster. When the rooster wants to crow, he will take a big breath of air and then expel the air causing a loud crow. The collar stops the air sac filling and so the rooster still makes a crow but it is diminished by about 80%. Losing the crow means that owning roosters on acreage sites can now work. It means that you can have roosters near your neighbours without annoying them or their chickens. It means that everyone can sleep in in your neighbourhood. The rooster collars can be kept on permanently without harming the rooster and can be easily adjusted if too tight or too loose. It is worth a go if you are having an issue with crowing noise.

Roosters can be beneficial when running a flock of chickens as they can keep the girls in line and warn the flock of any predators that may be nearby. There is also the sheer beauty of having a magnificent rooster in the yard. Rooster colours tend to be quite vibrant and stunning.

To find out if you are legally allowed to keep a rooster on your property, please check with your local council. If you are allowed to keep one, noise complaints can still be made about your rooster so owning a no crow collar can help stop any possible issues by reducing the noise level during the early morning and during the day. Check out the collars at www.citychicks.com.au or at our new rooster collar site www.nocrowroostercollars.com.au where you can also buy chicken nappies and hen dresses for your chickens.

BOOK REVIEW

Look what is happening in the UK



Incredible!: Plant Veg, Grow a Revolution is the story of Incredible Edible Todmorden (IET), the food-growing project in Yorkshire which has inspired people around the world to look at their urban spaces in a very different way. In Todmorden you can pick sweet corn in front of the police station, salads up the High Street, and the town has even spawned a new industry, what they call "Vegetable Tourism". IET was founded on a simple idea, that engaging people in growing food is the way to engage people. As the authors put it, "in a world where ordinary people feel increasingly alienated from the forces that shape their lives, whether that's governments, banks, oil companies or agribusiness, our focus on food has given us a straightforward way of taking back control".

The story, told by one of IET's founders Pam Warhurst and, in short but fascinating sections, co-founder Mary Clear, with the support of Joanna Dobson. As a speaker, Pam is straightforward, passionate and practical, all qualities that come across clearly in these pages. *'Incredible!'* isn't just the story of Tormorden's "veg-tification". It also contains recipes of things you can do with the potential produce of your High Street, growing tips, a model constitution, Mary Clear's "interludes" with some of her reflections on her high points of the adventure so far, and even a chapter called "Raised Beds for Numpties".

What IET have achieved is inspiring enough. Many Transition groups have Incredible Edible projects, and the idea has spread around the world. But the authors aren't happy to rest on their laurels. The book also covers what they see as coming next, as they open their Incredible Aquagarden in the local school, an aquaponics project, just one manifestation of how they see urban food growing's potential to revive local economies and create work for people. As they put it, "the whole point of Incredible Edible Todmorden was to craft a vision for how the town could thrive in the twenty-first century".

I loved *Incredible!* It is passionate, inspiring, practical and has dirt under its fingernails. You'll never look at lawns in the same way again. Pick yourself a copy, ignite the fire in your belly, and get planting.

'Incredible! Plant Veg, Grow a Revolution': Pam Warhurst & Joanna Dobson. 2014. 310 pages. Matador Publishing. Order [here](#).

One Minute Reviews is a new feature, where we review books or films in a way that will take you less than a minute to read. If you'd like to write one for us, contact us at robhopkins@transitionnetwork.org.

Published on December 3, 2014, by [Rob Hopkins](#) <http://www.transitionnetwork.org>

TABLELANDS LETS - December and January CALENDAR

TABLELAND LETS - Relocalising all of Far North Queensland

TARZALI - Wednesday 3rd DECEMBER 6.30 till 8.30pm Trade Night and shared meal at Gavin's, 12 Hosie Road, Tarzali. Bring dinner to share - come and enjoy the longest running LETS event on the Tablelands! **Event host: Gavin - 40965929**

EVERY THURSDAY IN DECEMBER (EXCEPT 25th) 8 - 11am Orientation & Malanda Community Garden Gathering. Want to learn more about the proposed plan? Want to have access to a space to grow? Would like to donate some valuable time & be a part of a valuable community enterprise? Bookings currently essential. **Contact Maria 0406971567** to arrange a date for orientation & obtain address details. This is a Malanda Community Garden event, everyone is welcome to participate. (Orientation not on in January so get in and join in December)

KURANDA - Saturday 6th DECEMBER 10am -1pm 7 Barrons Falls Road, Kuranda. Bring along a friend, something to trade, a table or blanket to display your wares. Car pooling/ collection service encouraged for those coming across the region **Event Host: Blake - 0448938270**

YUNGABURRA - Sunday 7th DECEMBER - 10am - 1pm Maude Kehoe Park, Yungaburra. This is a Tableland LETS Event for all of FNQ. Members of the public are also invited to attend and see what LETS can offer! This is a Bartles-only LETS day, kids can trade unwanted toys, clothes, DVDs, etc. As well as trading, there could also be face painting, crafts, music and other entertainment - all provided by LETS folk! Bring: food & drink, stuff to trade - BARTLES ONLY, table/rug, trade sheet & pen. Check our website or our FB page for more info.

CASSOWARY COAST - Sunday 7th DECEMBER from 9am Johnstone River Community Gardens Picnic! All welcome. Promoting International Day of People with Disability & International Volunteer Day. Displays, Activities and Garden Tours all followed by Garden Harvest Lunch at noon. **(This is not a LETS event). Contact Bernie 0403523244.**

MAREEBA - Saturday 13th DECEMBER Early Bird Trade 9am till 11am, 7 Kenneally Rd, Mareeba. Bring something to trade and brunch to share, children welcome. **Event host: Tash 0432984977.**

RAVENSHOE - Saturday 20th DECEMBER 12 till 2pm Trade afternoon -Youth Shed, Ravenshoe Community Centre, 3 Bolton Street following Community Gardens gathering - come and check it out. Bring something to trade, a table or blanket to display your wares and lunch to share. **Event host: Kathy - 40977864**

KURANDA - Saturday 17th JANUARY 10am -1pm 7 Barrons Falls Road, Kuranda. Bring along a friend, something to trade, a table or blanket to display your wares. Car pooling/ collection service encouraged for those coming across the region. **Event Host: Blake – 0448938270.**

RAVENSHOE - Saturday 17th JANUARY 12 till 2pm Trade afternoon -Youth Shed, Ravenshoe Community Centre, 3 Bolton Street following Community Gardens gathering - come and check it out. Bring something to trade, a table or blanket to display your wares and lunch to share. **Event host: Kathy – 40977864.**

JULATTEN – Sunday 18th JANUARY from 9am till noon Geraghty Park on the Highway. Car pooling encouraged for those travelling across the region. **Event host: Germaine 40941331**

CASSOWARY COAST - Sunday 18th JANUARY 11am-3pm Trade & Social Gathering - Johnstone River Community Gardens contact Suari. Bring a plate to share, something to cook on the BBQ if you wish, your own plate and eating utensils. Lunch will be at 12 noon. Tea/Coffee by gold coin donation. A child-friendly venue. **Event host: Suari - 0403115261.** Car pooling/collection service encouraged from the Tablelands and Cairns! **(weather permitting ring Suari for confirmation)**

YUNGABURRA - Saturday 24th JANUARY 12 till 2pm. Trade at that retro cafe, Shop 2/20 Eacham Rd (in between Miss Megs and My Habitat). Cafe Drinks from the blackboard are available for 100% bartles. Bring \$ for lunch or cakes, a table or blanket to display your wares. Children most welcome. This event is **directly after the Yungaburra Markets.** **Event Host: Melitta - 40952340.**

What to bring to Trade Events where not specified above: food & drinks for yourself or to share, or money and/or Bartles at some venues, friends, Trading Record Sheet and pen, any goods you wish to trade, table/rug to display them upon is often useful, your own chair at some venues, promotional material of any services you are offering if applicable, \$20 to join LETS if you are not yet a member.

tablelandlets@gmail.com - 4096 6972 - tablelandlets.org - www.communityexchange.net.au

Informative, useful and Interesting Websites:

<http://www.greenliving.com>: An Australian website for supplies for fermenting, cheese and yoghurt making, lids for bottles etc.

<http://www.culturesforhealth.com> A USA website with lots of info. recipes, free eBooks on fermenting foods and lots more. You can sign up for their weekly newsletter. “And therein lies the lure of fermentation. As Pollan writes in Cooked, its deliciousness is the by-product of decay, and decay is a fermentor's dream and a food regulator's nightmare. But the times they are a'changing: recent medical research has concluded that one of the problems with the Western diet is the absence from it of live-culture foods, while another study has linked the intake of certain probiotics found in some ferments to improved mental function and mood. We need more decay, it seems, not less. So pass the sauerkraut, please. I've heard it can even cure middle age.”

<http://care2.com/greenliving/>

This website has lots of interesting topics, food that is banned elsewhere but still available in the USA, good alternative recipes for making healthy food eg. ice cream and lots more.

<http://manybooks.net> A place that offers free downloads of books – check out “Farmers of forty Centuries” by FJ King written 1911 after or during a trip to China, Korea and Japan. This incredible book explains how these peoples have been growing food for centuries. Check to see if Bread from Stones is there, another interesting read.

<https://www.organicgardener.com.au> Lots of info and a great planting guide for the year.

<http://rfcarchives.org.au/index.htm> - Rare Fruits council of Australia – Fruit/Nut Trees and lots Recipes

Got an excess of Capsicum and Egg Plant? Try this Antipasto Recipe

Cut veggies into 2cm chunks. Cook Egg plant in one cup of Red Wine Vinegar and 1 cup of water till tender, about 3-5 minutes. Remove and set aside to drain. Cook Capsicum in same vinegar till tender about 3 minutes then let drain.

In a sterile jar pack in the egg plant, capsicum, 3 large garlic cloves chopped, about 6 sprigs of herbs such as basil, parsley, thyme, oregano and ½ teaspoon of pepper.

Combine a cup of Red Wine Vinegar and a cup of Olive oil and 1 and half teaspoons of Salt and bring to the boil.

Pour the hot oil, vinegar mix over packed in veggies and fix lids.

Boil jars in a water bath for 10 minutes – be sure to place some wooden santee/chop sticks under the bottoms of the glass jars before boiling, to be sure they don't break with the direct heat.

I love antipasto and it is expensive to buy, but this works out wonderfully and only takes a matter of days before you can start to eat it with salads. I added some dried tomatoes to mine and that worked out really well. This recipe makes 1 litre.

Enjoy Carol

PERMIE RESOURCES, & SERVICES

RESOURCES:

“Notes from the Workshops Booklet” All notes from the Permaculture Cairns Resilient Communities Workshops 2012 are now available for purchase at meetings and at Enviromart Australia on corner of Scott and Aumuller Street,

TOPICS COVERED: How to Grow your own Fabulous Organic Food, All about Earthworms, Growing Microgreens, All about Wicking beds, All about Aquaponics, Composting, Creating a raised garden bed, Tropical plants that grow all year round and recipes for cooking these, Drying and preserving excess fruit and vegetables, Balcony and patio gardening, How to use The Bokashi Bucket, Waste not want not – recycling organic waste, Poultry in the city, Vegetables for the small tropical farm or garden, and a Sprouting guide.

This is a MUST HAVE it's FULL OF LOCAL KNOWLEDGE about living in a environmentally friendly way and growing food sustainably in the tropics.

The booklet would make a great gift for anyone wanting to grow their own food in the tropics.

Edible Tropical Vegetable Plants: Tropical Vegetables and useful Plants available from Enviromart Australia on corner of Scott and Aumuller Street or phone Carol 0414900717

SERVICES

Do you need help to plan or build your garden???

Bruce Zell, Director of The Back Yard Revolution is a Permaculture Diploma Graduate, Licensed Structural Landscaper and has extensive experience in landscaping, food garden design and implementation, Project Management and more.

Contact Bruce for more details-

email: brucezell@gmail.com, www.backyardrevolution.com.au or Mob. 0404 9944 528

Please note Memberships fees for 2015 are due and payable on the 1st January 2015

Memberships form may be completed online on our web site and emailed to us from there. Our Bank account details are on the membership form so you can pay online, eazzee peeze.

Membership form coming up next



Permaculture Cairns

Membership Form 2015

One year's membership fee - 1 Jan - 31 Dec:

☐ Household membership \$30 ☐ Renewing Member ☐

Individual membership \$20 ☐ New Member ☐

Name(s) of all applicant(s) & DOB if under 18yrs:

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.....

Postal Address:

..... Postcode:

Phone(s):

Email:

Signature:

Payment may be made at Meetings, at Bank or Online Direct Deposit - Permaculture Cairns Account at Cairns Penny Bank in Grafton Street. BSB 704-966 Account No. 100009440 please include your Surname as reference.

Do you have skills that you would be willing to share that would be of help to Permaculture Cairns? If so please give details below-

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Permaculture Cairns Public Meetings - All Welcome Third Tuesday of month Feb to Nov (Second Tuesday Dec). Doors open 6pm, meeting starts at 6.30pm at: Flexible Learning Centre, 90-92 Clarke St. (off Hoare St), Manunda

Enquiries

President: Carol Laing workshops@permaculturecairns.org.au

Secretary: Tegan McBride: info@permaculturecairns.org.au

Treasurer: Jenny McGrath treasurer@permaculturecairns.org.au

Website: www.permaculturecairns.org.au