

# Permaculture Cairns Newsletter

EMPOWERING COMMUNITIES WITH SUSTAINABLE SOLUTIONS



**Care for the Earth, Care for people, Share the excess**

Permaculture Cairns Incorporated

Web Site: [www.permaculturecairns.org.au](http://www.permaculturecairns.org.au)

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## NOVEMBER NEWSLETTER

**November Backyard event - Building a Food Forest Workshop**

**Learn how to build a tropical food forest in your backyard.**

**Date: Saturday 19<sup>th</sup> November 8.45am**

**Venue: Mooroolbool residence**

**Members only...non-members can join  
(membership will carry over to the 2017 calendar year)**

**Cost: \$5 or bring a plant to add to the food forest**

**And Please bring small plate of food to share for morning tea.**

**Register: at [info@permaculturecairns.org.au](mailto:info@permaculturecairns.org.au)**



## **REPORT ON LAST PERMACULTURE MEETING**

Guest Speake, Mike Prociv gave us a rundown on how Espalier or Growing fruit trees on trellises can save space, allows more plants to be grown and brings trees into fruit in a shorter time. Mike has over 150 trees on his house block.

Contact Mike if you would like to visit his garden and see his plants for sale.  
Saturday or Sunday only ring him to make an appointment  
0421 026 250 email [mikeprocivbooks@bigpond.com](mailto:mikeprocivbooks@bigpond.com)

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## **PERMACULTURE CAIRNS ANNUAL GENERAL MEETING**

**13<sup>TH</sup> DECEMBER 2016**

**Would you like to join the team  
Meet new friends, learn lots of new ideas.**

**Come help when we have events, a great way to meet like-minded people**

**Nomination and proxy forms at end of Newsletter**

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## **PERMACULTURE CAIRNS ANNUAL GENERAL MEETING and Information Exchange Night**

**13<sup>th</sup> December 2016 - 6pm for a 6.30pm start**

**ARC Disability Centre 92 Little Street Manunda**

Members free, but bring a plate of finger food for the cuppa break  
and a dollar for the raffle, this helps pay for the venue.

Non members \$5

### **AGENDA**

Welcome to new members and visitors  
Upcoming workshops and events for this month and beyond  
Permaculture Principle Number 12, a practical explanation.

Guest Speaker:????????????????????????????????

Plant of the Month, and if anyone has something to add please bring it up at the night before we go for a cuppa and nibbles.

## *Permaculture Principle no. 11*

### *Use edges and value the marginal*

*“Don’t think you are on the right track just because it’s a well-beaten path”*

The interface between things is where the most interesting events take place. These are often the most valuable, diverse and productive elements in the system.

The icon of the sun coming over the horizon with a river in the foreground shows us a world composed of edges. The proverb “don’t think you are on the right track just because its a well-beaten path” reminds us that the most popular is not necessarily the best approach.

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### *Growing Food in The Wet Tropics in November/December*

*Time to plant the tropical perennial veggies if you haven’t already. Okinawa, Sambung, Brazilian, Kang Kong, Amaranth, Tree lettuce, Talium, Lebanese cress, Ceylon Spinach, arrowroot, taro, cocoyam to name a few.*

&

*Time to seed corn, cucumbers, guada bean, snake beans, rocket, bok choy, open leaf lettuce, sweet potatoes, pumpkin, corn.*

&

*It is time to plant a green manure crop on your open ground. Microbes need roots to live on so plant mung beans, sorghum, millet, buckwheat, mustard, radish, daikon radish.*

*Check out the Asian food shops for seeds, and budgie food in the supermarkets, all good for growing now.*

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*Compost all your waste, don’t let it off your property.*

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## FNQ Community Exchange – LETS Local Energy Trading System NOVEMBER Calendar of Events

KOAH – Saturday 5th 9am – 1pm Monthly Market and Trade at Koah Community Hall. You are invited to be part of the local Koah Monthly Market, an excellent family friendly venue. This is a traditional cash Market however LETS members are welcome to participate and trade \$5 or 5B per stall, set up from 8am. Event Host: Tonielle – 0422058995

ATHERTON – Saturday 5th 11am – 2pm LETS Monthly Trade, 17 Evans Street. There is covered space for a large number of tables. Tables for hire for 5B. Shared lunch. Book your site. Event Host: Irene 0439914876

CASSOWARY COAST - Sunday 6th 9 – 3pm Johnstone River Community Garden Pink Picnic, supporting National Recycling week. Flying Fish Point Rd, Innisfail. Garden Harvest Lunch. This is not a LETS event. Event Host: Bernie - 0403523244

YUNGABURRA – Monday 7th 10am & 2pm. Indigo Dye Workshops at the Red Sheds! Patti is cranking up the indigo vat again! Bring your own (washed but dry) white cotton/linen/hemp fabric or clothing. 20 bartles for workshop + \$20 per kilo of dry fabric. a great opportunity to rejuvenate those tired t-shirts and bed sheets! Or make fabulous Christmas gifts. Event Host: Patti Flynn at Passiflore 0439561266 Bookings essential.

MALANDA - Saturday 12th 2 – 4pm at Mary & Mathieu's place, 7 Cleminson Close. Bring along afternoon tea to share, something to trade and display your wares. Be there or be square. Event Host: Mary - 40966651

PEERAMON – Sunday 13th 6am – 6pm WORKING BEE AND BARTLE SCOOP at Patti Flynn's weed - infested property! Needing some tough and enthusiastic weed-pullers and mulch-spreaders to get-it-done before the rain really starts. Please BYO: boots, gloves and hats. Morning tea, lunch, & afternoon tea provided on top of B15 per hour. \*Anyone staying and working for 4 hours or more, gets 2 bars of Patti's fabulous handmade soap (worth \$18) thrown in for every extra hour worked. Unfenced water on the property, so I will ask that you leave your kids under 15 elsewhere for the day. Safety First. Come and go as you like! Call Event Host: Patti Flynn 0439561266 for directions.

RAVENSHOE - Saturday 19th 12 - 2pm Trade afternoon Youth Shed, Ravenshoe Community Centre, 3 Bolton Street. Following Community Gardens gathering - come and check it out. Child friendly event. Bring something to trade and some lunch to share. Event host: Kathy - 40977864

CASSOWAY COAST – Sunday 20th 11am – 3pm LETS Trade. Bring Lunch to share (BBQ available), items to trade, information on services offered and some good conversation as well. Please consider BYO plate & cutlery to save our host excessive dish duties. Car pooling recommended when making the trip from the tablelands. (\*Weather permitting). Event Host: Bernie - 0403523244



YUNGABURRA – Saturday 27th 12 - 2pm that retro café Trade Afternoon. This event is immediately after the Yungaburra Market. Bring along something to trade a rug to display your wares. 100% Bartles for drinks from the menu, you will need cash for lunch and drinks from the display fridge. Please be mindful when setting up to keep the path clear at the front of the shop. Event Host: Melitta - 40952340

CAIRNS CITY – Sunday 27th 12- 2pm - Lafew Teahouse, 33 Sheridan Street. LETS relies on member initiative and participation to make events happen - At Lafew we provide a prime position opposite Rusty's Market. We offer: kombucha, tea and coffee. Available 50/50 Bartles/\$. Bring your trading sheets and goodies. We would love to see our garden area used as a drop off & pick up for edibles. For new members - please drop by and chat to the LETS traders, you can sign up on the day. Event Host: Lorna – 0475762838

What to bring to Trade Events where not specified above: food & drinks for yourself or to share, or money and/or Bartles at some venues, friends, Trading Record Sheet and pen, any goods you wish to trade, table/rug to display them upon is often useful, your own chair at some venues, promotional material of any services you are offering if applicable, \$20 to join LETS if you are not yet a member.

[fnqces@gmail.com](mailto:fnqces@gmail.com) - 4096 6972 - [www.fnqces.org](http://www.fnqces.org) - [www.communityexchange.net.au](http://www.communityexchange.net.au)

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## Bungalow Community Garden Xmas Party

**Sunday 4 December 2016 - 12.00 – 2.00pm**

**Venue: The Gardens**

**Cost: Members \$10.00**

**Non-Members \$15.00**

**Please join us for a lavish Christmas lunch filled with thanks and celebration.**

**Drinks provided**

**RSVP BY 25 NOVEMBER 2016 TO THE SECRETARY AT  
[BUNGALOWGARDEN@YAHOO.COM.AU](mailto:BUNGALOWGARDEN@YAHOO.COM.AU)**

**[HAPPY HOLIDAYS FROM THE BCG INC. MANAGEMENT COMMITTEE 2016](#)**

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## INFORMATION – SERIOUS AND USEFUL STUFF A MUST READ!!!!!!

**Monsanto does not want this article to go viral, for if it does, it could very well bring about their demise.**

In 2006 a patent was granted to a man named Paul Stamets. Even though Paul is the world's leading mycologist, his patent has received very little attention and exposure. Why? As stated by executives in the pesticide industry, this patent represents "the most disruptive technology we have ever witnessed." And when they say disruptive, they are referring to it being disruptive to their chemical pesticides industry.

We can no longer deny that the pesticide industry is causing incredibly detrimental effects to the earth, people, animals, plants & insects too. The rapid decline of the world's bee populations is being attributed to Monsanto's chemical concoctions that are being sprayed over farmers fields around the world. (*Though the number of countries who have kicked out & banned Monsanto is growing*) The use of chemical pesticides is a practice that absolutely must stop and new methods must be employed before it's too late.

Yet with Monsanto generating nearly \$16 BILLION dollars in 2014, they certainly do not want anything getting in the way of that money flow. That kind of revenue gives them a lot of resources and abilities to suppress information that may be damaging to them.

Like this patent of Paul Stamet's. Paul has figured out how to use mother nature's own creations to keep insects from destroying crops. It is what's being called SMART pesticides. These biopesticides provide a safe & nearly permanent solution for controlling over 200,000 species of insects, and it is all thanks to the 'magic' of mushrooms.

I won't go into the specifics of how it all works, for most of us won't really understand it anyway, but to summarize, ***he does this by taking entomopathogenic Fungi (fungi that destroys insects) and morphs it into not producing spores. This in turn actually attracts the insects who then eat and turn into fungi from the inside out!***



For those who do want to do their own further research on the topic, I have provided a list of links below to help you along.

As more people wake up to the damaging effects of Monsanto's chemicals & GMO foods, the demand for truly nutritious, pesticide free, non-gmo, organic foods is on the rise. We are seeing more community gardens & urban forests being created. More people are starting to grow food, not lawns. Permaculture is becoming more widely talked about and understood. There is a major paradigm shift happening right now as our collective consciousness expands and awakens.

These truly are exciting, monumental times we live in. We are seeing old world ways crumble and power structures fall as we wake up and step up to collectively create a more healthy and sustainable way of working, living & playing together on this planet. The time has come. We can do this!

*Here is a link to the patent we are speaking of: 7,122,176*

<http://www.google.com/patents/US7122176>

*A list of all the patents Paul has applied for:*

<http://patents.justia.com/inventor/paul-edward-stamets>

*Plenty of information about Paul Stamets:*

<http://www.fungi.com/about-paul-stamets.html>

*Wikipedia page about Paul Stamets:*

[http://en.m.wikipedia.org/wiki/Paul\\_Stamets](http://en.m.wikipedia.org/wiki/Paul_Stamets)

**And finally, here is a TedTalks video by Paul in 2008 called:**

**6 Ways Mushrooms Can Save The World**

*If anyone has information they think should be included in this newsletter, especially about workshops and events, please send me the information in a way that I can copy and paste into the newsletter.*

*Editor, Carol Laing - [newsletter@permaculturecairns.org.au](mailto:newsletter@permaculturecairns.org.au)*

## ***Nomination Form and Proxy Form for AGM***

### **PERMACULTURE CAIRNS Inc. 2016 AGM NOMINATION FORM**

I hereby nominate Permaculture Cairns member \_\_\_\_\_

for the position of \_\_\_\_\_  
in the election of office bearers at the Annual General Meeting of the Society to be held on 13th December 2016 ( or at any adjournment of that meeting).

Name of nominee: \_\_\_\_\_

Signed by nominee: \_\_\_\_\_

Dated: \_\_\_\_\_ / \_\_\_\_\_ / 2016

Seconded by: \_\_\_\_\_

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_ / \_\_\_\_\_ / 2016

I hereby agree to accept nomination for the abovementioned position.

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_ / \_\_\_\_\_ / 2016

**If you wish to nominate a person for a position on the committee please complete and lodge (email to [info@permaculturecairns.org.au](mailto:info@permaculturecairns.org.au)) or with a committee member by the 15<sup>th</sup> November 2016.**

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### **PERMACULTURE CAIRNS INC. 2016 AGM APPOINTMENT OF PROXY FORM**

I hereby appoint \_\_\_\_\_ to vote on my behalf as my proxy at  
Permaculture Cairns Annual General Meeting (or any adjournment thereof) to be held on



13<sup>TH</sup> December 2016. Should the first proxy referred to above be unable to attend the meeting, I appoint \_\_\_\_\_ as an alternate proxy.

I confirm that I am a financial member of Permaculture Cairns Inc. entitled as such to vote at the meeting. I also acknowledge that should I attend the meeting and vote in my own right, my proxy is automatically revoked.

Name: \_\_\_\_\_ Witness: \_\_\_\_\_

Signed: \_\_\_\_\_ Signed: \_\_\_\_\_

Dated: \_\_\_\_\_ / \_\_\_\_\_ / 2016

The proxy form is to allow you to vote, if you are a financial member and would like to vote but cannot be at the meeting. The proxy form must be lodged with the Secretary before the beginning of the meeting.

Please note Memberships fees for 2017 are due and payable on the 1<sup>st</sup> January 2017

**Please PRINT – SIGN – SCAN and RETURN by email to  
treasurer@permaculturecairns.org.au.**

## **Permaculture Cairns**

### **Membership Form 2017**

**One year's membership fee - 1 Jan – 31 Dec:**

☐ **Household membership \$30**    ☐ **Renewing Member**

**Individual membership**    **\$20**    ☐ **New Member**

**Name(s) of all applicant(s) & DOB if under 18yrs):**

.....  
.....  
.....

**Postal Address:** .....

..... **Postcode:** .....

**Phone(s):** .....

**Email:** .....

**Signature:** .....

Payment may be made at Meetings, at Cairns Penny or Online Direct Deposit to Permaculture Cairns A/c at Cairns Penny in Grafton Street. BSB704-966 A/c No. 100009440 please include your Surname as reference.

**If you have a Permaculture Design Certificate could you please complete the following survey.**

**YOUR NAME:** .....

**Who was the Course Presenter:** .....



When did you do the Course:.....

Where did you do the Course:.....

Permaculture Cairns Public Meetings - All Welcome Every second month on the Third Tuesday of month  
Jan to Nov (Second Tuesday Dec). Doors open 6pm, meeting starts at 6.30pm at: ARC Disability Centre,  
92 Little Street, Manunda

### Enquiries

President:	Jenny McGrath	<a href="mailto:info@permaculturecairns.org.au">info@permaculturecairns.org.au</a>
Secretary:	Peter Spooner	<a href="mailto:info@permaculturecairns.org.au">info@permaculturecairns.org.au</a>
Treasurer:	Craig Phillipson	<a href="mailto:treasurer@permaculturecairns.org.au">treasurer@permaculturecairns.org.au</a>
Website:	<a href="http://www.permaculturecairns.org.au">www.permaculturecairns.org.au</a>	