

# Permaculture Cairns Newsletter

EMPOWERING COMMUNITIES WITH SUSTAINABLE SOLUTIONS



**Care for the Earth, Care for people, Share the excess**

Permaculture Cairns Incorporated Web Site: [www.permaculturecairns.org.au](http://www.permaculturecairns.org.au)

## Permaculture Cairns Newsletter For August

Our next night meeting will be on the 18th October 2016  
More info on that later.

### Report on our August Meeting.

It was great, we had Tonelle from Organic Motion with us to talk about the Introduction to Permaculture Course they are planning on 27<sup>th</sup> and 28<sup>th</sup> AUGUST.  
For more details go to their web site. [www.organicmotion.com.au](http://www.organicmotion.com.au)

Introduction to  
**PERMACULTURE**  
course



August  
27th - 28th  
Cairns Hinterland  
Steiner School, Kuranda  
\$200  
20% Discounts for Low Income Earners,  
& Permaculture Cairns members  
~Find all the details on our website~  
ORGANICMOTION.COM.AU

 Organic motion  
Abundant Edible Landscapes

Our second guest was Rod Ingersoll who gave a very informative and interesting talk about growing fish and vegetables in your own back yard using Aquaponics. This is where the fish eat the food Rod grows for them and the plants eat the waste from the fish.



The water in the fish tank is continually recycled through the raised vegetable beds, this water contains all the nutrients the plants need to grow. So once set up there is very little input needed.

Rod is running two workshops - **Full Day Workshop on 10th September**  
In this workshop you will learn everything you need to build your own aquaponic system or to maintain a commercial system. Cost \$185

The day is packed full of tips and tricks to help you succeed in your Aquaponics. **Half Day Workshop on 12<sup>th</sup> September**, designed to teach you everything you need to build your own aquaponic system or answer your questions to help you with your struggling system. Cost \$60.00. [www.aquaponicgardener.com.au](http://www.aquaponicgardener.com.au)

## **Permaculture Principle No. 8 - Integrate rather than segregate**

“Many hands make light work”

By putting the right things in the right place, relationships develop between them and they support each other.

This icon represents a group of people from a bird's-eye view, holding hands in a circle together. The space in the centre could represent “the whole being greater than the sum of the parts”. The proverb “many hands make light work” suggests that when we work together the job becomes easier.

## WHATS'ON AND WHAT'S COMING UP

### The JCU Community Garden is now open

There will be working bees from 3 to 5pm every Wednesday.

All welcome

The group is wanting to know more about Biochar and if they can find someone with knowledge on this subject they will run a Workshop in September. Can you help -

Email: [laura.campbell@hotmail.com](mailto:laura.campbell@hotmail.com)

### Kanjini Co-Op Upcoming events

**4<sup>th</sup> September 2016** Carnival on Collins, We will have a stall with TNQ Sustainable Community Alliance at the EcoZone in Tank 3 come check us out and learn more about the community options around the tablelands.

### Eco-inspirations from the **16<sup>th</sup>-18<sup>th</sup> September 2016**

Sustainable Living Gathering bring people together to share in interactive workshops, talks and demonstrations while creating lasting networks for an environmentally, financially and socially abundant life. A gathering to raise inner and outer awareness and provide tools for change towards a more sustainable future. Found out more on our Facebook event page for Eco-Inspirations. For more [www.kanjini.org](http://www.kanjini.org)

### Friends of The Cairns Botanic Gardens Invitation

#### JAZZ UNDER THE STARS

In the Cairns Botanic Gardens

**SATURDAY 3<sup>RD</sup> SEPTEMBER 2016**

Part of the **CARNIVAL ON COLLINS** event

Gates open at 4.30pm

The Friends of the Cairns Botanic Gardens wish to invite you to an unforgettable musical event presented by local jazz musicians featuring: Smithfield Jazz Academy, Dixie Jazz, Pauline Bradshaw, Montgomery Brothers, Hot and Wet Swing Set and Barrier Reef Jazz Band.

Your host will be Robbie Williams – all are invited so come along with your Friends, a rug or chair, your picnic and drinks.

Entry on sale at the gate \$15 (Adults) – Children are to be accompanied by an adult and supervised at all time.

CAIRNS CONVENTION CENTRE, 28-30 OCTOBER, 2016

## Pay Dirt: National Biological Farming Conference and Expo,

To hit pay dirt: to discover something of value; to get to the basic facts of something.

Cairns will be the centre of the soil health world this October when delegates to the National Biological Farming Conference look to strike pay dirt with some of the best farmers and agricultural researchers in the world.

Bowen tomato grower, Jamie Jurgens, opens the conference with his story of generational change and resilience in embracing biological farming. He is closely followed by internationally-renowned North Dakota regenerative farmer, Gabe Brown, explaining how his integrated crop management system that has eliminated pesticides and artificial fertilisers means he now has more time to fish. Dr Brajesh Singh, professor in microbiology from University of Western Sydney, puts Australia's biological farming into an international context with his insights from work advising key agricultural policy makers in the USA and EU.

Around 50 farmers, agronomists and researchers from Australia, the US and New Zealand will educate, enlighten and entertain on topics from composting to climate resilience, drones to dung beetles and biochar to bioherbicides. Farmers and graziers from WA, SA and up the eastern coast are poised to tell their stories of challenge and change across industries as varied as wheat and sheep, beef cattle, dairying, cotton and grains, sugar cane and bananas, viticulture and tree crops. Pre conference tours and post conference workshops will introduce delegates to biological farm practices close up. The conference will close with a vision for agriculture in 2060.

An exciting expo will bring together around 40 exhibitors with the latest biological farming techniques, products and practices to help farmers understand how to make changes on large-scale enterprises.

The conference is convened by not-for-profit soil health group, Wet Tropics Soilcare, recipients of an Australian government grant for sustainable agriculture and strongly supported by Terrain NRM, the natural resource management body for the Wet Tropics, northern NSW-based SoilCare Inc, and other sponsors.

Register at early bird prices until August 7th \$225+GST by booking online at [www.nationalbiologicalfarmingconference.org.au](http://www.nationalbiologicalfarmingconference.org.au) From August 8th, \$350+GST.

For more info, contact Regional Landcare Facilitator, Fiona George, [info@nationalbiologicalfarmingconference.org.au](mailto:info@nationalbiologicalfarmingconference.org.au) or phone 0488 702 203.

**Editors note – these happenings don't happen enough in the far north so when they do make use of them. An enormous amount of work has gone into organising this event so make a real effort to attend.- it wont happen again for a long time.**

## INFORMATION – SERIOUS AND USEFUL STUFF

### THIS IS A MUST READ!!!!!!!

#### The Glyphosate Outrage (in other words Roundup)

We were told it was the softest of chemicals, however, it is anything but. Here are just some of the findings:

1. **Bioaccumulation** – there is evidence that the chronically ill amongst us will often present with unusually high levels of glyphosate in their blood. Most of us have a measurable quantity of this contaminant in our systems, because it is often found in our most popular food, **bread**. GM soy crops, which have been modified to withstand the herbicide, are often sprayed three times per season before they make their way into the soy flour that is a core component in most supermarket bread (including many Australian baked items). The Europeans boast that they wisely avoided the growing of GM crops. However, the production of protein crops in Europe has slumped in the face of the massive import of GM soy, as stockfood. They may not directly grow these problem crops, but glyphosate is deeply embedded in the food chain of every meat-eating European.
2. **Reduced nutrient uptake** – “we are what we absorb” and herein lies a problem. Glyphosate kills plants by reducing their capacity to uptake nutrients and it may well do something similar to us. **Glyphosate-induced vitamin deficiency** has recently been linked to cancer in children. If this research is credible, then surely we must think again when spraying off wheat crops with glyphosate for more rapid dry down (a practice that has virtually become industry standard in some countries). In Australia, the wheat usually dries down naturally, but glyphosate is sprayed on so-called 'health foods' like mung beans and fava beans to dry them off for harvest. Similarly, we might reconsider the use of this chemical to kill off potato crops (the Western world's most popular vegetable) to ease their harvestability. I suspect that some of the conventional potato growers out there may well feel confronted because they do not use glyphosate for this purpose. They actually choose a worse chemical, called **paraquat**, to finish the crop and simplify their harvest. Google “health problems with paraquat” and make your own call. It is a strangely apathetic world when consumers sit back and allow this serious contamination of our major food crops with barely a whimper of discontent.
3. Glyphosate increases the **risk of lymphatic cancers** – in one study, contact with this chemical actually doubled the risk of Non-Hodgkin lymphoma. Another study, published in *The International Journal of Environmental Research and Public Health* involved a meta analysis of 41 different papers. Several farm chemicals were linked to Non-Hodgkin lymphoma, but it was found that there was a direct link between glyphosate and a form of this disease called B-cell lymphoma.
4. Glyphosate creates **digestive chaos** – it is particularly harsh on beneficial gut organisms. The mode of action of this chemical involves the shutdown of the Shikimate pathway. This pathway is integral to all life on the planet. The perpetrators of this chemical have noted that animals do not depend on this pathway, so there is no problem. The fatal flaw in this argument relates to the grim realisation that the 100 trillion organisms that inhabit a healthy digestive tract, do have a Shikimate pathway. The consequent damage to our inner life force has been strongly linked to autism, celiac disease, gluten intolerance and other plague auto-immune issues. There are multiple studies

where the use of GM soy as stockfood has damaged the digestive tracts of farm animals and chickens.

5. **Links to liver and kidney damage** – Sri Lanka and Ecuador have banned glyphosate following conclusive evidence linking the weedkiller to increases in liver and kidney problems. In 2012, French researcher, **Gilles-Éric Séralini**, published a damning study called “Long term toxicity of a Roundup herbicide and a Roundup-tolerant genetically modified maize”. The damage control spin doctors attacked the research, despite multiple and rigorous peer reviews, and successfully had it withdrawn from publication. Séralini had capably demonstrated that the original short term studies, submitted by Monsanto, were suspect when longer periods were involved. The French researchers found serious issues when the feed study was extended out for two years. The regime involved feeding rats GM maize, featuring glyphosate levels that were lower than that allowable in drinking water. Séralini's team discovered substantial kidney and liver damage associated with this food over a longer period and they also noted a marked increase in tumour development amongst the "treated" rats. Thankfully, in a victory for real science, the Séralini research has recently been republished.
6. Direct links to **reproductive problems** and **spontaneous abortion** – Dr Michael Antoniou and his research team demonstrated that low doses of glyphosate cause malformations in animals. They found that there was a four fold increase in birth defects in one state of Argentina following the introduction of Roundup Ready® crops. Glyphosate and its more persistent metabolite, AMPA, both cause cell death in human umbilical, embryonic and placental cells in dilutions far lower than those used in agriculture.
7. Glyphosate **kills multiple beneficial organisms** thereby compromising farm resilience. In separate studies Schneider, Benamu and Griesinger and their respective associates demonstrated that glyphosate has an adverse effect upon some earthworms and several key IPM insects, including green lacewings, predatory mites, ladybirds and spiders. In fact, it is now understood that glyphosate also impacts a variety of beneficial soil life. It destroys the organisms responsible for delivering manganese and iron into the plant. Two key creatures, mycorrhizal fungi and nitrogen-fixing organisms, are both negatively affected and it also kills an important protective organism called *Pseudomonas fluorescens*. Iron and manganese are critical for plant immunity, as are the exudates of these other damaged organisms. In one study, **Professor Don Huber** has now linked long-term use of glyphosate to increased likelihood of 40 soil diseases. In my recent visit to Ireland, scientists at a research centre where I was speaking described the “dead zone” they are monitoring, following long-term use of glyphosate beneath the trees. In orchard situations, this root zone should be the most fertile region on the farm. The tree roots are constantly pumping exudates out to their supportive workforce. You do not need fancy equipment to recognise the mistake here. Just smell the soil in your herbicide zone and you will detect the lack of life.
8. Widespread **environmental contamination** – the French Government claim that the compelling evidence of endocrine disruption associated with glyphosate is equally important as the new WHO findings relative to cancer. The huge concern is that this chemical is everywhere in our environment. It is absurdly destructive and restrictions are essential and long overdue. Glyphosate and its metabolite AMPA were found in 100% of rain samples from agricultural regions of the US. Tank water becomes a liability in this context but the groundwater is not much better. Slack et al report glyphosate residues in surface and groundwater in the US, the UK, China, Germany, Argentina, Spain, the Netherlands, Switzerland, France, Norway and Canada. The countries that have embraced GM are obviously worst placed, because the cash crop is sprayed three times per season with this toxin. *Professor Don Huber has now linked long-term use of glyphosate to increased likelihood of 40 soil diseases.*

## Time for Action

*It is simply unbelievable that, in the face of such overwhelming evidence, there are members of the scientific community that are still supporting this abomination.*

One can only wonder about their integrity. **Professor Don Huber** has made available details of over 300 published studies quantifying links between glyphosate and many of the plague degenerative illnesses.

Why do we stand by and allow our councils to spray common areas, our farmers to pollute our food, our billionaires to peddle Roundup Ready® crops across Africa and our politicians to do nothing? We all have family and and fears for the next generation and we owe it to them to stand up to be counted. Lobby your officials, mobilise your digital people power and experiment with alternatives if you are a food producer.

At least the tide is turning in some regions. Supermarket chains across Europe are now seizing the initiative and removing the weed killer from their shelves. The EU has recently refused to renew the license for glyphosate so, unless appeals are successful, it will no longer be allowable in that major group of countries. Let's hope that this is just the beginning.

## Be ahead of the game, because changes are inevitable

Despite the flood of question marks associated with this ubiquitous farm chemical, I am sure there are many no-till farmers who will strive to retain this weed management option. They believe it has revolutionised broadacre farming and they are right. Effective weed management has driven no-till success. There is a widely held belief that no-till would flounder without the glyphosate. However, it is increasingly obvious that, at some point, the call will be made. When this happens, those without a Plan B will undoubtedly struggle. Smart operators are exploring options like competitive cover cropping, mechanical management strategies and the use of crimp rollers in broadacre farming.

There are some changes that will come sooner rather than later. It is no longer acceptable to finish off your potatoes and wheat with a proven environmental and human toxin. Surely we can come up with a desiccant to dry off our cereals and spuds, that does not involve dousing food crops in a known carcinogen.

## In Conclusion

In next week's issue of Nutrition Matters, you will be treated to an interview with a remarkable man. **Professor Don Huber** has been embroiled in a David and Goliath battle to alert the world as to the multiple dangers of the most widely used chemical on the planet. If you thought this article was disturbing, you will be chilled to the bone to hear the extent of the glyphosate toxicity issues. Professor Huber is responsible for over 300 published papers and he also edited one of my favourite books, ***Mineral Nutrition and Plant Disease***. This wide-ranging interview will also cover some of that important nutrition story. Don't miss this one!

## NEED A SOIL TEST – LOOK HERE

Soil tests can be done at government and commercial laboratories, with costs ranging from \$50 to \$500 depending on the lab and details. This is a list of selected laboratories.

National Measurement Institute  
Phone: 1800 020 076

W: [measurement.gov.au](http://measurement.gov.au)

APAL Laboratory  
Phone 08 8332 0199  
W: [appal.com.au](http://appal.com.au)

Environmental Analysis Laboratory  
Phone 02 6620 3678  
W: [scu.edu.au/eal](http://scu.edu.au/eal)

Photosyn analytical  
Phone 07 5568 8700  
W: [phosynanalytical.com.au](http://phosynanalytical.com.au)

SESL  
Phone 1300 304 080  
W: [sesl.com.au](http://sesl.com.au)  
SWEP Analytical Laboratories  
Phone 03 9701 6007  
W: [swep.com.au](http://swep.com.au)

Microscope clubs also investigate soil health – your local Landcare group may be able to help, The above information is from the Organic Gardener essential guide called “Organics for Beginners” This booklet is for sale from ABC Organic Gardener web site at approx. \$17 – a really good little publication full of information for those starting out to grow their own food.

## ARENA RENEWABLE PROJECTS IN QUEENSLAND

### Normanton Solar Farm

Location:

Normanton, QLD

ARENA funding:

\$8,400,000

Lead organisation:

Scouller Energy

This project will involve the construction of the 5MW DC Normanton Solar Farm in North-West Queensland.

Australia's first advanced biofuel laboratory

Location:

Gladstone, QLD

ARENA funding:

\$2,416,000

Lead organisation:

Southern Oil Refining Pty Ltd (Southern Oil Refining or SOR)

The project involves the development and construction of Australia's first biocrude and biofuel laboratory at the site of the Northern Oil Advanced Biofuels Pilot Plant in Yarwun, central Queensland.

Redeployable Hybrid Power

Location:

Combabula, QLD

ARENA funding:

\$450,000

Lead organisation:

Laing O'Rourke

This project involves a pilot-scale deployment of a fully redeployable hybrid solar/diesel power plant. Laing O'Rourke will construct, set up and pack down a demonstration solar plant. The technology has the potential to change the renewable energy landscape in regional and remote Australia.

Barcaldine Remote Community Solar Farm

Location:

Barcaldine, QLD

ARENA funding:

\$22,800,000

Lead organisation:

Elecnor Australia Pty Ltd

The Barcaldine Remote Community Solar Farm (BRCSF) will be located in central Queensland within a fringe-of-grid area of super-premium solar irradiation. The project site is approximately 90 hectares and located near the Barcaldine Gas Power Plant.

## PLANT OF THE MONTH



### Leaf Ginseng - Talium

This lovely, bright green foliated plant with the pretty pink flowers is every gardeners delight.

Common names include: Surinam purslane, Philippine spinach, Ceylon spinach, Florida spinach, Potherb

## Fameflower and Lagos bologi

In most warm climates it is perennial but in cooler areas it can easily be treated as an annual. Talinum grows to about 60 cm in height and a similar spread. Neat and tidy in the garden, especially if it is regularly harvested. It requires little care and is tolerant of some neglect.

In full sun it produces more abundant growth but will grow in more shaded areas when the leaves do become larger and a little darker. The leaves can be harvested while the plant is still quite young and having a few plants, dotted around the yard can supply highly nutritious steaming greens for any family.

While it can be eaten raw and is very tasty in a salad, the oxalic acid content may prove too much for those with gout, kidney disorders or arthritis. It is being seriously tested at present for adaptation to drug form as it is very effective as an anti-inflammatory treatment.

It will self seed, though not always where you thought it would, as the tiny pods explode and scatter seed in mid summer. So just pull those you don't need and leave the ones you want. It will not get out of hand.

## ***GROWING FOOD IN THE WET TROPICS IN AUGUST***

*The garden is growing great guns. The egg plant is taller than me, that's not that high as I am only 153 cm, but it has about 20 lovely long light purple fruit on it at present - not include those I picked this morning. I am using them in just about everything I cook. They go great in dhal, curries, casseroles, pan fried either plain or with bread crumbs, risottos, pizza, stir fry cut thin, and then there is babba ganush, yum. And really that is the tip of the ice berg with egg plant, try pickling, adding to kim chi etc.*

*Florence fennel is great with fish, the Red Russian kale is so nice and sweet (not bitter) in salads, a little bitter cooked. Great for adding to smoothies.*

*The Brocollett hasn't started producing fruit yet but the leaves are good to eat anytime either raw or cooked, same as the cauliflower, which I don't think will produce fruit this year. They have a veg is pommy land called summer greens and it just the leaves of all the brassicas like cauli, broc, and cabbage leaves when they are small and are grown just for that. The tree lettuce has emerged around the garden along with the Red leaf Amaranth, Talium, coriander and bok choy.*

*If you let these go to seed you don't have to worry about planting seeds anymore.*

*The most of the work in the garden is really keeping the weeds from taking over. I will be writing about how to control weeds in the next newsletter.*

## **IF YOU HAVNT TRIED MAKING A WICKING BED, HERE ARE SIMPLE INSTRUCTIONS ON HOW TO GET STARTED**

**I HAVE GROWN POTATOES, RAKKYO ONIONS, LETTUCE AND ASIAN GREENS SUCCEFULLYS IN POLYSTYRENE BOXES AND CONTINUE TO DO SO.**

### **Creating a wicking bed**

By: [Organic Gardener](#) | July 26, 2016

Photo: Leonie Shanahan

**Wicking beds in a polystyrene box are water and time efficient, inexpensive to create, quick to set up, and easy to move around. You will need:**

#### **The box**

10cm length of hose pipe

20-30cm length of thicker irrigation pipe (PVC or poly)

Piece of stocking, rubber band, small plastic pot and a hessian bag that completely covers the base of the box and folds up the insides by a few centimetres

1 bucket (9L) of gravel and 2 buckets of organic potting mix, compost, worm castings and minerals

1. Insert overflow pipe into a clean polystyrene box 10cm from base.
2. Drill at least two holes in water inlet pipe, in the bottom 8cm only. Stand pipe in box with the holes at the bottom. Then add gravel to just above the overflow pipe level.
3. Make a hole up one end of the hessian bag and lay it over the gravel, pushing the inlet pipe through the hole.
4. Hold the inlet pipe steady while filling the box with organic potting mix, compost, worm castings and minerals, then mulch.
5. Add water through inlet pipe until it runs out of the overflow outlet
6. Plant seedlings and water with diluted seaweed extract.
7. Cover overflow pipe with stocking and inlet pipe with a small pot to prevent mozzies getting in and breeding.





## SCAM INVOLVING THE AUSTRALIAN TAX OFFICE – DON'T BE HAD

**It may look like the tax office but it's a scam so be aware!!!!!!!**

29 July 2016

The Australian Competition and Consumer Commission is urging Australians to hang up on and delete tax scams after more than \$1 million was reported lost to [Scamwatch \(link is external\)](#) already this year, with over 300 people reporting that they lost money to tax scams in the first half of the year. This is compared with 400 people who reported losing money in the 12 months previous, with \$1.6 million lost in total.

These incessant scams come in many guises but generally claim that you have underpaid your taxes and are required to repay the tax debt immediately or face frightening repercussions such as arrest.

“Tax scammers are particularly aggressive so many people feel pressured to pay quickly without questioning them. The most threatening scammers even say that police are on their way to arrest you but can be stopped if you pay immediately,” ACCC Deputy Chair Delia Rickard warned.

These scams often use personal information they found online to try and convince you they're legitimate. They usually ask for payment for an “unpaid debt” via wire money transfer, credit card, direct debit cards or even iTunes cards. The call looks like it comes from a local phone number but most use voice over internet protocol (VOIP) phone numbers to disguise the fact that they are calling from overseas.

The ATO said that while it makes thousands of outbound calls to taxpayers a week, the ATO would never cold call you about a debt, would never threaten jail or arrest, and our staff certainly wouldn't behave in an aggressive manner. If you're not sure, hang up and call the ATO back on 1800 008 540.

The ATO would never request the payment of a tax debt via gift or pre-paid cards such as iTunes and Visa cards, nor will it ask for direct credit to be paid to a personal bank account.

Other scams using the busy tax time to slip under your radar include phishing emails, which aim to get your personal details. These scammers tell you that you are owed money by the government but to collect it, you must first pay a small fee.

From: Mail <mail-bounces@baloonline.com> on behalf of myGov <noreply@my.gov.au>  
To:  
Cc:  
Subject: Tax Refund Notification



**Australian Government**



**Australian Taxation Office (ATO) TAX REFUND NOTIFICATION**

Dear myGov member,

After the last annual calculations of your fiscal activity we have determined that you are eligible to receive a tax refund of 219.47 AUD  
Please submit the tax refund request and allow us 6-9 days in order to process it.

To access your tax refund, please [Click Here](#)

A refund can be delayed for a variety of reasons.  
For example submitting invalid records or applying after the deadline.

Australian Taxation Office

Australian Government

Australian Taxation Office

**TAX REFUND ID: AO 9774357-ATO**

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The ATO said that while it does communicate with people via bulk email, it would never request personal details, such as banking information. If such personal details were required, you would be redirected to ATO Online services.

“If you receive a call or email out of the blue from someone claiming to represent the ATO and that you are entitled to, or owe money – just hang up or press delete. You can check whether they’re the real deal by calling the ATO on its official contact number: 1800 008 540,” Ms Rickard said.

“Any unusual requests to send money via money transfer, gift card or other digital currency should be treated as highly suspicious. Your personal details, including your Tax File Number, credit card or bank details are valuable and should never be provided to a stranger. If you hand over your personal information to a scammer, they can use it for identity theft or to commit other crimes.”

The ATO advises that from time to time it will send taxpayers emails, SMS messages or official social media updates about new services. However, the ATO will never request personal or financial information by SMS or email.

Protect yourself

- If you receive an email or phone call out of the blue from ‘the ATO’ claiming that you are entitled to a refund, that you owe money or asking you to confirm, update or disclose confidential details

like your tax file number, press 'delete' or just hang up. Verify the caller or sender by contacting the ATO on its official contact number: 1800 008 540.

- The ATO advises that you should be very careful with whom you share your tax file number (TFN). Never put your tax file number (TFN) on your resume – only give it to your employer after you have started your job. Never share your TFN, myGov or bank account details on social media.
- You should also change your passwords if you have shared them with anyone, including family and friends.
- The ATO also advises that if you use a tax agent, make sure they are registered by checking at [www.tpb.gov.au/onlineregister](http://www.tpb.gov.au/onlineregister) (link is external).
- Don't reply to suspicious emails, open any attachments or click on any links – they may take you to a bogus website or contain a malicious virus.
- Always keep your computer security up to date with anti-virus and anti-spyware software and a good firewall. Only buy computer and anti-virus software from a reputable source.
- If you think you have provided your account details to a scammer, contact your bank or financial institution immediately.

You can report suspected ATO email scams by forwarding the original email to [ReportEmailFraud@ato.gov.au](mailto:ReportEmailFraud@ato.gov.au) (link sends e-mail).

You can also report scams to the ACCC via the [Scamwatch report a scam page](#) (link is external) or by calling 1300 795 995. You should also spread the word to your friends and family to protect them.

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*If anyone has information they think should be included in this newsletter, especially about workshops and events, please send me the information so I can copy and paste into the newsletter.*

*My email is - [newsletter@permaculturecairns.org.au](mailto:newsletter@permaculturecairns.org.au)*

*Editor - Carol Laing*

Please **PRINT – SIGN – SCAN** and **RETURN** by email to  
treasurer@permaculturecairns.org.au.



## Permaculture Cairns

### Membership Form 2016

One year's membership fee - 1 Jan – 31 Dec:

- |   |                       |                       |                       |                       |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> Household membership \$30 | <input type="radio"/> | Renewing Member       | <input type="radio"/> |                       |
| Individual membership                           | \$20                  | <input type="radio"/> | New Member            | <input type="radio"/> |

Name(s) of all applicant(s) & DOB if under 18yrs:

.....  
.....  
.....

Postal Address: .....

..... Postcode: .....

Phone(s): .....

Email: .....

Signature: .....

Payment may be made at Meetings, at Cairns Penny or Online Direct Deposit to Permaculture Cairns A/c at Cairns Penny in Grafton Street. BSB704-966 A/c No. 100009440 please include your Surname as reference.

If you have a Permaculture Design Certificate could you please complete the following survey.

YOUR NAME:.....

Who was the Course Presenter:.....

When did you do the Course:.....

Where did you do the Course:.....

Permaculture Cairns Public Meetings - All Welcome Every second month on the Third Tuesday of month Jan to Nov (Second Tuesday Dec). Doors open 6pm, meeting starts at 6.30pm at: ARC Disability Centre, 92 Little Street, Manunda

### Enquiries

President: Jenny McGrath  
Secretary: Peter Spooner [info@permaculturecairns.org.au](mailto:info@permaculturecairns.org.au)  
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