



PERMACULTURE CAIRNS INC.

Empowering communities with sustainable solutions for over 16 years.

Care of the Earth - Care of People - Share the Excess

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MAY 2024 NEWSLETTER



In this month's newsletter:

- Call for entries
- Upcoming Events:
 - Start Your Organic Vegetable Garden Workshop – Saturday, 29th June 2024
 - Permies at the Pub – Friday, 28th June 2024
- Ecofiesta 2024 – A great success!
- Joanne's Paw Paw Salad Recipe
- Book Review of 'Good Life Growing' by Joanne Thorpe
- May Workshop Recap: Raised Garden Beds
- FNQ Permaculture Design Course – in Malanda!



CALL FOR ENTRIES

We're calling on all creators of all kinds, to showcase their thoughts and ideas in the our newsletter!

Whether it's a design, photography or a study on a very niche thing, we'd love to hear from you.

Every month, you'll have the opportunity to have your work about permaculture, sustainability, environment or anything else, showcased to the wide audience of permaculturalists in Cairns.

Please email info@permaculturecairns.org.au to submit your work, or for more information!

Cut-off is on the second-last weekend of the month.



PERMIES AT THE PUB

Do you want to meet other permaculturalists, whilst enjoying great food and drinks?

If you said yes, then come along to the June 2024 Permies at the Pub!

Balaclava Hotel
423 Mulgrave Rd, Earlville QLD 4870

Friday, 28th June 2024
6:00 PM - Onwards

All members are welcome to attend.



Please RSVP by Thursday, 27th of June, by texting Val on 0488 497 860 or by [email](mailto:info@permaculturecairns.org.au)

ECOFIESTA 2024 – A GREAT SUCCESS!

Dear Permaculture Cairns Community,

I am thrilled to share the fantastic news about our participation in the 2024 EcoFiesta in Cairns! Our stall was a resounding success, and I want to express my heartfelt gratitude to everyone who contributed their time, effort or plants!

A particularly large thanks goes to Carol and others, who organised and grew (despite relentless rain) tables of seedlings and cuttings. Your support made the day.

Whether you helped set up or pull down the stall, answered questions, helped sell plants, or spread positive vibes, your contributions were invaluable .

Our stall was abuzz with activity! We showcased food plants, distributed free cuttings, and engaged in meaningful conversations about sustainable living. It was heartwarming to witness the enthusiasm of visitors as they explored our offerings.

This year's event featured local environmental groups and businesses, emphasizing the wonderful initiatives and start-ups happening in our community.

Permaculture Cairns played a pivotal role in connecting with attendees, sharing knowledge, and fostering eco-friendly practices.

Thank you all – bring on EcoFiesta 2025!



JUNE WORKSHOP: START YOUR ORGANIC VEGETABLE GARDEN!

Join us on **June 29th at 10 AM** for an enlightening session on starting your own organic vegetable garden! Our esteemed speaker, **Carol Laing**, will guide you through the essentials.

Craig's House
336 Fearnley St, Manunda QLD 4870

Saturday, 29th June 2024
Arrive at 9:30 – till 12:00pm

Agenda - Let's dig in!

1. Sun Exposure Matters:

- Learn how to choose the perfect garden spot for optimal sunlight.
- Discover the impact of sun exposure on plant health and productivity.

2. Healthy Soil, Healthy Plants:

- Dive into soil preparation techniques.
- Understand the importance of soil structure and organic amendments.

3. Microbes and Mulch:

- Explore the role of beneficial microbes in your garden.
- Learn the art of mulching for moisture retention and weed suppression.

RSVP: Please confirm your attendance by June 20th via our website or by replying to this email.

Let's sow the seeds of abundance together! 🌱 🌿



JOANNE'S PAW PAW SALAD

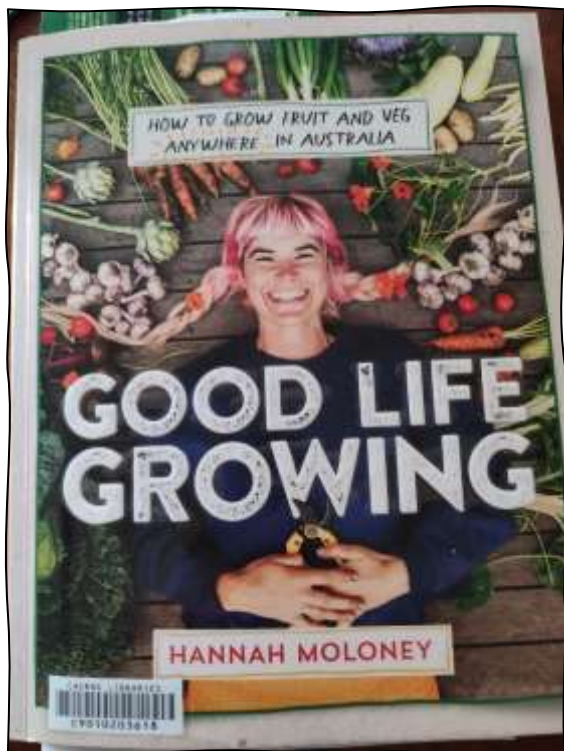
Ingredients:

- Grated paw paw
- Chopped Vietnamese mint, garlic chives, holy Basil, parsley.
- A chopped small bird's eye chilli
- Dressing. Juice of one lemon, dash of fish sauce, olive oil to taste.
- A chopped lemonade fruit.
- Sprinkle with peanuts



BOOK REVIEW OF 'GOOD LIFE GROWING'

Book Review of **Good Life Growing** (How to grow fruit and veg anywhere in Australia) By Hannah Moloney



I wish Hannah Moloney had written her book “Good life Growing” 6 years ago when I had just started my veggie gardening journey. Information I’ve gained gradually over these years is all in this book. Due to the lay out, content, font size and bright illustrations it is an easy, enjoyable and informative read.

After reading the section on worm farms the penny dropped that my farm may be acidic as some of the worms are gathering under the lid. It is an easy fix with a small handful of dolomite. I can put my PH test kit to good use and find out for sure. I was also excited to find out that there is more than one way to tackle fruit fly contaminated fruit, there is actually four. Not to forget six different ways of how to dispose of weedy, pest ridden or diseased plants.

It would not be a good gardening book with out gardening tips, what veggies to grow in your climate, composting, soil, no dig gardens, insects good and bad plus heaps more.

Unfortunately I’ve borrowed the book from the Cairns library and would like one to keep at home, perhaps I will put it on my Christmas list. Anyway I am off to go and make a hover fly lagoon which is explained in this highly recommended read.

- Joanne Thorpe



WORKSHOP RECAP: RAISED GARDEN BEDS

Our May workshop on **Raised Garden Beds** was a resounding success! Craig led an engaging session where participants learned the art of creating raised beds suitable for our tropical climate.

We extend our deepest gratitude to everyone who joined the workshop. Your enthusiasm and commitment to sustainable gardening inspire us all. Let’s continue nurturing our green spaces together! 🌱🌿

Turn over for some great pics!



Permaculture Design Course

Learn practical skills to empower people & create productive landscapes
 Harness the wisdom of nature to become sustainable land stewards
Join us in this 2 week fully catered hands on course!



Lead trainer Steve Cran, Permaculture Aid veteran with 33 years frontline experience in Aboriginal communities, disaster zones, poverty zones and conflict zones.

Support trainer Steve Hart, Permaculture globalist & Ecology Architect with over 40 years experience and a strong focus in Design and Invisible Structures.

Support trainer Riley Hickson, Permaculture Designer & Syntropic farmer



Wholesome food and Camping included

What you will learn

- All-weather garden design
 - Dynamic polyculture farm design
 - Climate resilience systems
 - Earthworks & water management
 - Syntropic Agroforestry
 - Animal health & care
 - Eco-house & shelter designs
 - Healthy living & nutrition
 - Ecosystem restoration
 - Farm share social design
 - Green livelihoods that pay
- and much more!**



Where: Near Malanda, FNQ

When: 8th - 22nd of September 2024

Cost: \$1,950 (Limited discounts for skilled volunteers*)

For Bookings or enquiries contact
 Riley on 0432 208 908 or email info@agreconq.com.au

